

Reflections

Acts of Grace Foundation • Small Deeds, Big Difference

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A Note from the Founder: Sunday Sundae

During my hospital stay in 2007, there was a non profit foundation called There With Care. Every Saturday evening, a couple of volunteers pushed a food cart from room to room to all the pregnant women on hospital bedrest. There were



September, 2007 at P/SL

They let us take whatever we wanted. In fact, they encouraged us to take as much as we wanted. My brother and his family were visiting me the first time they came around and encouraged them to take food off the cart too. The weekends in the hospital were tough and some of my most difficult days were on Saturday and Sunday. The Saturday evening food cart became something I looked forward to. I enjoyed seeing the variety of foods on the cart that had either been donated or purchased from

chips, cookies, sandwiches, soups, and juice boxes on the cart. I enjoyed seeing the friendly volunteers that came into my room to support us with food during our crisis. I enjoyed the food cart so much that Saturday afternoon/evenings became one of my favorite times in the hospital. My Mom, Dad, my brother, sister-in-law and precious nieces would come on Saturday afternoon, push me in the wheelchair outside and then we would wait for the food cart. My family was not quite as excited as I was, but they knew this was exciting for me. When the volunteers pushed the cart into the room, they were so cheerful and friendly. I was in awe that these individuals took time out of their weekend to bring us this food. I will never forget the last Saturday I was on the ante partum unit. A young girl and her Mom came in with the cart. The girl was probably 14 she asked me if I wanted a chili dog. I told her yes. She proudly served the chili dog up and handed it to me with a big smile saying "Enjoy! I made this myself!" When they

left the room I knew I had just come face to face with inspiration. Ice cream is an irresistible summer treat for any age. Ice cream is a delicious and tempting craving for most pregnant women as well. Last Spring I thought it would be a simple summer treat to serve ice cream on the ante partum unit at Presbyterian/St. Luke's Medical Center to the moms and their guests. I enjoy pushing the ice cream cart around with my husband and children on a Sunday afternoon. I am told that many of the moms look forward to the cart coming! This Summer we have a large number of volunteers pushing the Sunday ice cream cart around. I am proud of the volunteers we have giving of their time to transform a small deed into a big difference for pregnant women on hospital bed rest!

hospital bed rest!

Marlena Diedrich



June 2010 at Sundae Sunday at P/SL

AoGF Presents Carnival Night at The Children's Museum of Denver!

Come one, come all! Acts of Grace Foundation is thrilled to announce Carnival Night at the Children's Museum of Denver from 6 to 9 p.m. on September 25th. With this premier event, we hope to raise as much money as possible to help pregnant women on hospital bed rest.

Tickets are on sale now at www.actsofgracefoundation.com for \$25 per adult and \$15 per child. Please note that all ticket prices will increase by \$5 if purchased after September 5th, 2010.

This amazing night will provide something for the entire family, including dinner, silent auction, games and more. The Children's Museum of Denver is a truly magical place with inventive Playscapes, beautiful

views of the city, and 10,000 square feet of fun. Discover, explore and investigate interactive Playscapes including

Alphabet Soup, Arts a la carte, the Assembly Plant, Bubbles, the Center for the Young Children, Click Clack Train Track, CMD Fire Station # 1, My Market, Ready Vet Go! and Under My Feet and Over My Head!

For more information on how you can get involved, donate items for the Silent Auction, or volunteer your time to make this a great event, contact [marlena@actsof-](mailto:marlena@actsof-gracefoundation.com)

[gracefoundation.com](http://www.actsof-gracefoundation.com) or visit our website at www.actsof-gracefoundation.com. Together, we can make a difference!



AT THE CHILDREN'S MUSEUM OF DENVER

Reflections

Acts of Grace Foundation • Small Deeds, Big Difference

From Kansas with Love

Every morning I sit down at my computer and search for an email from the Acts of Grace Foundation. I usually find one, two, or on a good day sometimes four or five! Then I snuggle up with a cup of coffee, a pen, and some cards to write thank you notes for the Acts of Grace Foundation, as the Recognitions Coordinator.



Joelle loves her morning routine as an AoGF volunteer.

Living in Wichita, KS makes it difficult for me to volunteer in person, so I am grateful for the chance to volunteer via mail. It truly is a blessing for me to be able to volunteer from so far away. Each day that I receive another thank you to write, I am inspired. I'm inspired by the foundation itself, but I'm inspired by the amazing people that generously donate their time, energy, money, and love to moms they don't know. What greater love is there? I know that a lot of these moms on

hospital bed rest are away from their families and friends. I think that's why the Acts of Grace Foundation is so inspiring to me, knowing when close family and friends aren't able to be there with them, the foundation is there to help support them with things they may need. I'm not able to be

there in person to support the foundation, but there is always a way to send love and support!

I can't think of a better way to start my day than writing thank you notes, because my heart swells with every donation AoGF receives! It is so enjoyable to see the interesting and fun donations people think of, whether it's lip balms, belly rubs, movies, scrapbooking items,

coordinating a book drive, or volunteering their time at Bingo night!!! Every donation whether it's money or a toothbrush, is a blessing and an encouragement to these moms on bed rest.

Writing these thank you notes has become part of our family routine that my 2-year old daughter loves to be involved with. She likes to help put on the stamps and stickers, and seal the envelopes with a little lick! The march

to the mail box always ends in a cheer once the thank you cards have dropped in the mailbox!

Check your next thank you card for the Wichita postal stamp! The inspiring love from Acts of Grace is felt around the country - believe me...I know where I send the thank you cards!



A Family Affair: Joelle's daughter gets involved in the process!



ACTS OF GRACE FOUNDATION PRESENTS
CARNIVAL NIGHT
AT THE CHILDREN'S MUSEUM OF DENVER

MARK YOUR CALENDARS!

September 25th from 6-9pm
Adults: \$25 Children: \$15

Admission includes dinner, silent auction, games, and unlimited use of The Children's Museum exhibits and activities, including Alphabet Soup, Arts a la carte, the Assembly Plant, Bubbles, the Center for the Young Children, Click Clack Train Track, CMD Fire Station # 1, My Market, Ready Vet Go! and Under My Feet and Over My Head!

visit www.actsofgracefoundation.com to purchase tickets today!



Join us on the **SEVENTH** of every month by donating **7 dollars** to help pregnant women on hospital bedrest. Go online to www.actsofgracefoundation.com, click on **donate now** and sign up for recurring donations. Sacrifice one trip to your favorite fast food restaurant or two grande lattes per month and help us purchase gift bags, ice cream, crafts, meal vouchers, and more!